

Kits Cares Café Spring 2019 Update

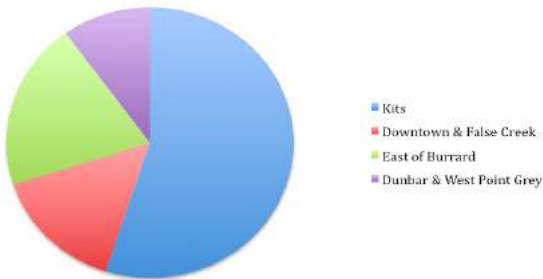
The Kits Cares Cafe is a weekly cafe-style community meal at the Kitsilano Neighbourhood House, jointly hosted by nearby churches, to address hunger and social isolation in the spirit of Christ.



Since Starting in November 2018:

- We've shared ~1275 meals with our community
- Volunteers put in over 1400 hours (assuming ~3 hours/visit), not including planning hours before the launch
- We've received donations from Cobs Bread, Purebread, Kits Neighbourhood House, UGM, Greater Vancouver Food Bank, caring neighbours, and more

Volunteer Home Neighbourhoods



How do our volunteers describe Kits Cares Cafe?

"Energizing, educational, fresh, fulfilling, welcoming, meaningful, satisfying, grateful, serving, abundance, encouraging, community, opportunity, diverse, wonderful"

Goals for the next 6 months

- Increase our sustainability efforts (purchase locally, vegetarian meals, lower waste, decrease single use items)
- A larger core leadership team with rep's from more nearby churches

Meet Hillary, our Coordinator

- **What do you do outside of the program?**
 - Currently, I'm studying to become a dietitian. I also love exploring the world through food and travel!
- **What has been the best part of coordinating Kits Cafe?**
 - Having the opportunity to build meaningful relationships with the Kits community has been my favourite part of this experience.
- **What's on your wishlist?**
 - A few more volunteers for dishwashing (6:45 - 8:15)
 - Expanding our community partnerships (food recovery programs, libraries, dentists, BC Housing, etc.)



To Donate:

Make cheques out to CityGate Leadership Forum (431 Princess Avenue, Vancouver, BC, V6A 3C9), or online at chimp.net (find Citygate Leadership Forum Society & note "Kits Cares Café" in the message box).

We have met our budget through to the end of June 2019

- Each meal costs ~\$350 (food cost alone)
- For the next year, we need to raise:
 - Overall: \$29,399
 - From Churches: \$15,500
 - From foundations, Individuals & businesses: \$11,256

"Every person in the room needs love, and I have love to give" - Kari Berguard, UGM Manager of Church Relations, at our volunteer training, on what our stance could be as we welcome guests in our dining space. Contact kitscafe@calf.ca to get involved or learn more.

