# OCT 2020 UPDATE

THE KITS CARES CAFE IS A CAFE-STYLE COMMUNITY MEAL (NOW GROCERY HAMPERS) HELD AT THE KITSILANO NEIGHBOURHOOD HOUSE, JOINTLY HOSTED BY NEARBY CHURCHES, TO ADDRESS HUNGER & SOCIAL ISOLATION IN THE SPIRIT OF CHRIST.

## **About Our Guests**

Of our 80 weekly guests,

- over HALF are seniors and 80% live in Kitsilano
- Half came to our dinner before the COVID-19 pandemic, meaning nearly half are NEW to us since March
- We are the only food support for the overwhelming majority (Kits Cares is one of the only food resources available in the West Side of Vancouver)

Accessing similar supports is difficult because:

- Many programs have closed or become limited
- Transit is a challenge
- Lack of access to recommended masks or other PPE
- Vulnerable individuals have health complications

# **Highlights during the COVID-19 Pandemic**

- A generous family has been donating 300 400 lb of fresh fruit and vegetables for the past 4 months
- Financial donations allow us to purchase quality protein foods
- Finding new ways to have guests choose their grocery items so we can accommodate preferences and special diet needs

## What We Need

- Ideas to make Thanksgiving and Christmas meaningful for our guests
- Masks (reusable or non-medical) & reusable grocery bags
- FINANCIAL DONATIONS can be made online through <u>charitableimpact.com</u> (search for CityGate Leadership Forum, note "For Kits Café" in the "For the Charity" box), or sent to CityGate Leadership Forum (1575 Salsbury Drive, Vancouver BC, V5L 4B7). Tax receipts available for donations over \$20.
- PRAYER for safety & connections as we figure out evolving best practices
- Contact Hillary (hillaryk@kitshouse.org) to contribute or learn more





Kitsilano Neighbourhood House The hub of Vancouver's Westside since 1894

#### Thank You to our Generous Donors

Whole Foods, Cobs Bread, Kits House, Westside Neighbourhood Ministry, others who bake cookies or make masks, neighbouring organizations & the sponsoring churches: Lord's Grace, City Life, Kits Christian, Redemption & Tenth Church.

Kits Cares Cafe

