

Break-out D Sessions:

Speaker	Breakout Session Description	Audience:
<p>Dan Whitehead</p> <p>Dan is Executive Director of Sanctuary Mental Health Ministries. In this role, he spearheads the movement to prepare churches to support mental health recovery in their community. Previously, he spent 10 years in full time vocational ministry, serving as senior pastor of a church for eight years. Daniel hails from the UK, is married to Annie and has two young children, Evie and Jack. He is also a certified mediator and a Regent graduate.</p>	<p>Mental Health & Selfcare for Todays Leader</p> <p>As leaders, we often focus so much on being loving and unselfish that we forget our own limits and limitations. We need to learn how and when to say no. And we need to have people in our lives who can be a voice of reason when we can't see that we are reaching the limit of our capacities. In this session, we will consider our own self-care, why it matters, and how it relates to our faith.</p>	<p>All volunteers +Leadership</p>
<p>Christina Sampert</p> <p>Christina has a background as an Early Childhood Educator. With special interest in behavior development and special needs, she has a diploma in Biblical Studies and Leadership from Coastal International School of Ministry. She has also certified & completed her Behavior Intervention Training.</p> <p>Christina has worked as a Teacher at Tenth Church Wee Care Daycare for the past 21 years. She has been volunteering in Children's Ministry serving at Coastal Church and Tenth church since 2004. She has a passion to come along side and raise other leaders to be passionate about teaching the youngest members of our Church.</p>	<p>The Building Blocks to Faith for Little Ones</p> <p>It's never too early to share God's love. We will explore how to engage babies and create a warm leaning environment at home or in the classroom. We will talk about why and how to share the Bible with our littlest church members as well as classroom strategies.</p>	<p>Nursery + Preschool Ministry</p>

<p>Pedro Escamilla Pedro hails from Edmonton, Alberta and has been serving at Tenth as the Student Discipleship Pastor for the past 2 years. He is passionate about creating depth in the walk of students and helping them develop their own faith.</p>	<p>How to Teach Without Teaching In this session you will learn a new model of helping students engage in deepening their faith through collaborative learning, based on the 4 major learning styles.</p>	<p>Youth Ministry</p>
<p>Krista Boyes + Monica Lai</p> <p>Krista Boyes Krista Boyes, B.A., B.Ed, is a Children’s Pastor, Curriculum Writer and Central Support Coordinator at Tenth Church. Krista has 16 years teaching experience and is also a parent to two busy boys.</p> <p>Monica Lai Monica is the Tenth Kids Director at UBC Pt Grey. She has worked with kids in a variety of settings from summer camps to afterschool programs to the classroom.</p>	<p>Classroom Management 101 Ever have the most beautiful lesson planned for your kids, only to have it derailed by fart noises and giggles? How can we help point kids to God if we can’t effectively point them to their seats? Learn how to foster an inclusive classroom where all kids feel empowered to participate (not just the outspoken ones), and where all the leaders are empowered to lead!</p>	<p>School Age Ministry</p>
<p>Arran Baird Arran Baird is a worship leader, pastor and songwriter from Vancouver. In addition to serving as a worship leader at Tenth Church for 9 years, he now teaches at Pacific Life Bible College in Surrey.</p>	<p>A New Generation of Worshippers This workshop will focus on the unique issues and challenges facing Generation Z, and how to lead a worship ministry that engages and empowers this emerging generation, drawing on personal experiences and statistical data. This session is designed to help parents, pastors and leaders lead Gen Z with understanding, compassion and authenticity.</p>	<p>Worship</p>
<p>Tenth Church Media Team</p>	<p>Proresenter Basics This workshop is for anyone who is interested in multimedia presentations in a church setting.</p>	<p>All volunteers</p>